

BIRTHRIGHT COUNSELING, ST. LOUIS ANNUAL REPORT 2013

MISSION

Birthright is a non-profit service providing free and confidential counseling as well as practical assistance to mothers facing an untimely pregnancy. Birthright offers positive alternatives to abortion. We believe in the right of every pregnant woman to give birth and the right of every child to be born.

PROGRAM ACCOMPLISHMENTS

Since 1971, Birthright Counseling, St. Louis has served over 191,000 women facing an unintended pregnancy.

Birthright operates four full-time offices; located in Brentwood, Bridgeton, Midtown and South County. Birthright provides free professional counseling to any pregnant woman during any stage of her pregnancy. Birthright Counseling, St. Louis' counselors are experts in crisis intervention and use a strength-based approach in assessing the individual needs of each woman. A woman who is able to confidentially tell her story to a non-judgmental listener will likely carry her baby. A professional counselor can also assist her with significant problems such as domestic violence, lack of a support system, drugs and alcohol use, mental health or medical concerns, safe housing, securing prenatal care or continuing education. 94% of women who come to Birthright feeling pressure to have an abortion choose to carry their babies.

Birthright has a small staff of 20, with only 4 full-time employees. Birthright has over 200 volunteers who answer phones, act as receptionists, follow up with clients, visit clients in their homes or hospital, plan and work at fundraising events and assist with social media and community outreach.

All services at Birthright are free and confidential.

Other services Birthright provides are pregnancy testing, supportive education groups, ongoing counseling, financial assistance (as it relates to pregnancy), scholarships, maternity clothes, baby starter packs for all clients, transportation, food, medical assistance, home visits, pregnancy and post-partum support groups and post-abortion counseling.

Birthright is non-political and non-religious. By charter we do not picket, protest, show graphic pictures, coerce or evangelize.

HAPPY MOMS, HEALTHY BABIES

HMHB is a supportive education group program. The groups meet for 7 consecutive weeks for 2-hour sessions. The groups are led by a Birthright counselor and MSW intern. Average group size is 8 women. Discussions cover practical topics such as nutrition, labor and delivery, infant care and safety. They are coupled with group work on the topics of healthy relationships, vulnerability and shame, value systems, being a mom and healthy decision making.

SCHOLARSHIP PROGRAM

A Birthright client, whose education is interrupted by an unintended pregnancy or who needs to reach a higher level of education to secure a job, is eligible for Birthright's Tuition Assistance. Birthright assists with GED and CNA classes, tuition for trade and career programs and 2 and 4-year colleges. Birthright can help with book fees and uniforms. We also have volunteers to provide tutoring.

INDIVIDUAL COUNSELING

94% of the women who come to Birthright in crisis and confidentially tell their story to a non-judgmental listener will choose life for their baby. The Birthright Model has been effective for 43 years in women choosing life for their babies. Birthright counselors are skilled in supporting the abortion minded woman and assessing those who are at high risk to be pressured to abort.

In 2013, Birthright welcomed 902 new babies.

2013 FINANCIAL INFORMATION

INCOME

Contributions	\$569,733.00
Special Events	\$629,298.00
Interest and Dividends	\$18,342.00
Net Realized and Unrealized Gains on Investments	\$131,297.00

TOTAL \$1,348,670.00

Expenses

Programs and Services	\$778,937.00
Administrative	\$100,741.00
Fundraising	\$139,889.00

TOTAL \$1,023,363.00

Assets

January, 2013	\$1,738,231.00
December, 2013	\$2,063,538.00
Increase in assets	\$325,307.00

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Brentwood

Bridgeton

Midtown

South County